# Agenda Item 12



# HEALTH AND WELLBEING BOARD: 28 NOVEMBER 2019

# **REPORT OF THE UNIFIED PREVENTION BOARD**

# UNIFIED PREVENTION BOARD UPDATE

## Purpose of report

1. The purpose of this report is to update the Board on the work of the Unified Prevention Board (UPB) in delivering the prevention offer in conjunction with partners across Leicestershire, including developing pathways establishing how work flows into the activities of each partner organisation.

## Link to the local Health and Care System

2. The UPB is a sub-group of the Leicestershire Health and Wellbeing Board. It oversees the development and delivery of prevention activities underpinning the health and wellbeing strategy for Leicestershire and ensuring that the objectives of the Sustainability and Transformation Partnership (STP) prevention work stream are closely aligned with the Leicestershire prevention strategy and are jointly delivered locally as needed across Leicestershire.

## **Recommendation**

3. The Health and Wellbeing Board is asked to note the contents of the report.

## **Background**

- 4. This report is for information to advise the Board of the current and future work programme of the UPB. The UPB continues to focus on:
- Joined up communications
- Healthy workforce = Healthy Leicestershire
- Lessons learned from key integration programmes including ensuring a good join up between the existing social prescribing system and social prescribing link workers within Primary Care Networks and in developing links between the prevention offer and the work of the Violence Reduction Network.

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#### Joined up communications

Mental Health Comms Campaign

- 5. A mental health communications toolkit has been designed to help effectively communicate key messages around mental health to internal and external stakeholders. Evidence suggests there are five steps we can all take to improve our mental health, enabling people to feel happier, more positive and to get the most from life.
- 6. There was increased social media use from partner organisations to coincide with World Mental Health Day on October 10<sup>th</sup>. Public Health England have launched their "Every Mind Matters" campaign in October and is targeted around self care. This is supported by NHS England. Partner organisations have promoted the campaign via social media.

#### **PCC Violence Reduction Network**

7. The UPB have received a presentation on the scope of the violence reduction network and the emerging model of knife crime reduction. From this there will be regular updates to the board and how this programme of work is being delivered through People Zones. Initial discussions have been regarding how the prevention services within the scope of the UPB, can work with the Violence Reduction Network (VRN). Specific public health support to the VRN has been provided by Joshna Mavji (LCC Public Health Consultant). With Joshna now on adoption leave, an arrangement has been reached with Public Health England for two consultants, Jasmine Murphy and Susanne Howes, to provide support. The Police rep on the UPB, Sian Walls, will provide regular updates to UPB on the work of the VRN.

#### **Social Prescribing and Primary Care Networks**

8. The PCN presentation and discussion included how the Public Health Local Area Coordination team is creating a communities of practice for Social Prescribers to receive support and training for their new roles and included how these will link to the social prescribing offer

#### Wellbeing at Work

- 9. Wellbeing at work was launched in July 2018. Funding was received from local authorities and public health, with central co-ordination from Leicester-Shire and Rutland Sport (LRS).
- 10. It was developed to support local workplaces to improve health and wellbeing of staff and to help reduce absenteeism and presentism, improve productivity and better health outcomes etc. So far 41 workplaces have fully completed the Workplace Health Needs Assessment (WHNA), that gives an understanding of the priorities for health within each workplace. This equates to 5,400 individual responses. Aggregated data for physical activity, smoking, alcohol, nutrition, stress and sleep. Currently building case studies to use for promotional purposes.

11. The workplace health project include attending the Leicester Business Festival (28th Oct-8th Nov), a workplace hockey completion (31st Oct) and a social media campaign featuring case studies running from Sept-Nov.

#### **Officers to Contact**

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#### **Relevant Impact Assessments**

#### **Equality and Human Rights Implications**

12. The work being undertaken would have a positive impact on the health of the population.

#### Partnership Working and Associated Issues

13. The recommendations within this report focus on actions across agencies that will improve the population's health. The basis of the report is improving population health in partnership with other key agencies.

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